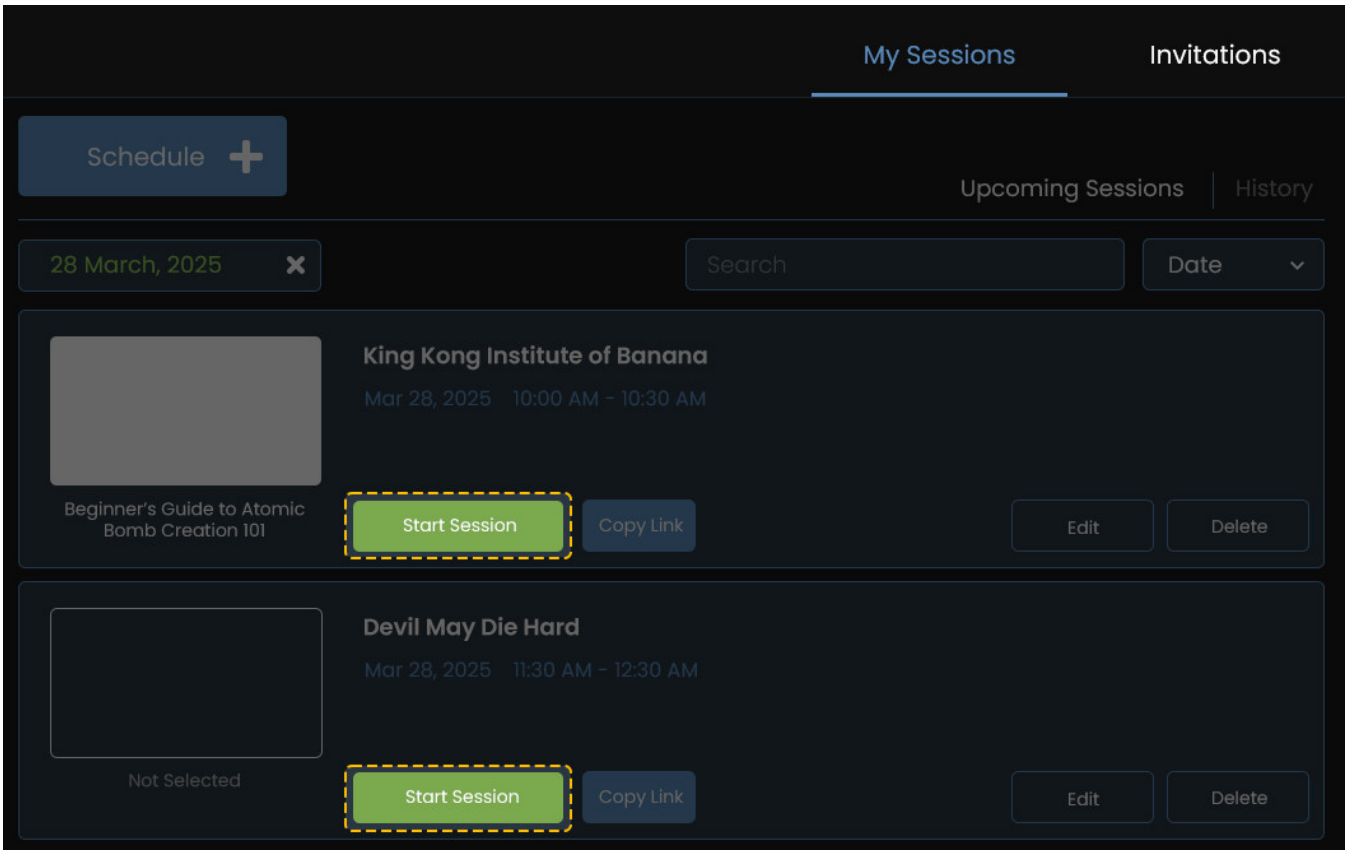
Starting a scheduled collaboration session

As the host, you have two methods to start a scheduled session, even if the scheduled time has not yet arrived.

Method 1: Starting from the SimLab Dashboard (Website)

This method provides the most control and can be used to start a session before its scheduled time.

1. **Access My Sessions:** Log in to the SimLab Dashboard and navigate to the **My Sessions** tab.
2. **Locate the Session:** Find the session you wish to start under the **Upcoming Sessions** list.
3. **Start the Session:** Click the green **Start Session** button next to the event title.



The session will immediately start for all invited and joining participants.

Method 2: Starting from SimLab VR Viewer (VR Application)

When the scheduled time arrives, the VR Viewer application will prompt the host to start the session.

1. **Wait for Notification:** At the scheduled time of the session (e.g., 10:00 AM on March 28, 2025), a **pop-up message** will appear inside your SimLab VR Viewer application.
2. **Click Start:** The message will contain a button labeled **Start**. Click this button to instantly initiate the VR Collaboration session.

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